



Meals 'til Monday

FOOD DRIVE

Meals 'til Monday is SPCC's newest community outreach program.

THE REALITY: There are children in our community who are hungry and whose only meals happen while at school.

FILLING THE GAP: Partnering with the Arlington Food Bank, the MtM program will provide food to Arlington School District students who are in need of food to eat during the weekends.

Another aspect of the program are the Lunch Pantries at Arlington & Weston High Schools. This need-based pantry located in the schools counselor's office will supplement student's lunches, provide snacks and weekend meals.

WHAT IS ONE WAY YOU CAN HELP? Bring donations during the Food Drive, where we will be focusing on the items needed for the HS Lunch Pantries.

What types of
foods are needed?

- Individually packaged
- Non-refrigerated
- Quick & easy
- Pop-top cans

[See Back for Ideas](#)



Meals 'til Monday

Donations Ideas

Individually packaged // Non-refrigerated // Quick & easy
Pop-top cans // Microwavable or non-cook

- Fruit cups
- Applesauce cups
- Cup O'Noodles
- Soup cups
- Chili cups
- Tuna packets or pop-top cans
- Sausages pop-top cans
- Dinty Moore meals
- Easy Mac
- Beef Jerky
- Nuts
- Trail mix
- Individual Peanut Butters
- Vegetables in small pop top cans
- Single serve cereals
- Oatmeal cups
- Granola Bars
- Small bags of Chips
- Pudding cups
- Non-refrigerated milk
- Gatorade/Poweraid
- Juice boxes

